

all about chocolate precision nutrition - chocolate is produced from the seed of the cacao tree unfortunately for many home gardeners eager to have their own stash of chocolate trees grow only in tropical regions central america the caribbean indonesia and africa cacao production is labor intensive trees require hand harvesting and, **does chocolate addiction exist psych central** - chocolate craving is very common but can we actually be addicted to it can these powerful urges to eat truly be classed as an addiction we generally crave foods due to external prompts and our, **brain effects chocolate brain health information free** - chocolate and opioids scientists from the university of michigan found that chocolate causes the brain to release opioids opioids are chemicals that produce a euphoric feeling and are very pleasurable, **what are endorphins altered states** - endorphins are natural pain killing substances found in the human brain the name comes from endogenous meaning within and morphine morphine being a pain killer endorphins are one of the neurotransmitters in the brain levels of endorphins in the brain may be changed by taking a number of drugs including alcohol anabolic steroids and heroin and other opiates, **what you need to know about theobromine poster child for - meet theobromine the all natural molecule in chocolate and tea then find out why it makes chocolate dangerous for pets and why it got a not yet proven reputation as an aphrodisiac, the brain from top to bottom** - nearly 15 of all men and 30 of all women admit to a craving for chocolate over 300 substances have been identified in chocolate some of these including caffeine and theobromine another less powerful stimulant could actually cause dependency effects, **amazon com chocolate cheerios cereal 22 ounce pack of** - i am a health nut but needed to get my chocolate fix at night i have always loved cocoa puffs but they are terrible for your health i was looking for a junk cereal that had some nutrition and wasn't too terrible for my health, **what are endorphins the road to health** - what are endorphins the word endorphin comes from the two words endogenous morphine endorphins are small protein molecules that are produced by cells in your nervous system and other parts of your body, **war morphine and cocaine the birth of coca cola** - while today it might be the most powerful drinks company in the world coca colas beginnings were far from straightforward this is how cocaine morphine and the american civil war gave us our favourite drink, **welcome to vegweb com the world's largest collection of** - tis the season to go decadent rich pumpkin bread crumbs tempeh turmeric and a medley of mushrooms are all baked into this deliciously layered dish, **the kratom user's guide sage wisdom** - the kratom user's guide version date october 12 2016 the most recent version can always be found at <http://sagewisdom.org/kratomguide.html> created by daniel, **hacking into your happy chemicals dopamine serotonin** - 105 responses to hacking into your happy chemicals dopamine serotonin endorphins oxytocin, **foods drinks not to consume with gallbladder problems** - the gallbladder stores and excretes bile and bile acids necessary for digestion of fat gallbladder problems include cholecystitis or the inflammation of the gallbladder and cholelithiasis or gallstones, **echoes of mercy a novel kindle edition by kim vogel** - sometimes a secret must be kept for the truth to be revealed when a suspicious accident occurs at the famous dinsmore chocolate factory in sinclair kansas caroline lang goes undercover as a factory worker to investigate the circumstances surrounding the event and how the factory treats its youngest employees the child workers

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